

CHARLESTON

Health & Wellness EXPO

**FREE!
ADMISSION**



NOVEMBER 5, 2021

10AM - 7PM

OMAR SHRINE TEMPLE, MOUNT PLEASANT



ATTENDEE REQUIREMENTS:

- Masks for all indoor events
- Vaccination or negative COVID test within 72 hours for all participants required
- Social Distancing and spacing
- Hand sanitizing/washing
- Individuals with symptoms can't participate in events

PROGRAMS AND EVENTS INCLUDE

HEALTH SCREENINGS

- Blood Pressure & Stroke
- BMI & Glucose
- Digestive/Gastro/Bariatric
- Sleep & Anxiety
- Cancer
- Colonoscopies & Crohn's Disease
- Incontinence & Esophageal
- Bone Density
- Hearing

COOKING LESSONS AND DIETING

Demos

BODY AND MIND

- InBody Testing
- Fitness Testing

ORAL HEALTH FOR ALL AGES

"The sugar test"

BLOOD DONATION

COVID TESTING

VACCINATIONS

HealthLinks



www.charlestonphysicians.com/expo